

**Ener**

	<b>MANDAG</b>	<b>TIRSDAG</b>	<b>ONSDAG</b>
17.00-17.30	J2006/07	G2011	J2010
17.30-18.00			
18.00-18.30	J2004	[Black]	G2006
18.30-19.00			
19.00-19.30			
19.30-20.00			
20.00-20.30			
20.30-21.00			

**Lovisenberg**

	<b>MANDAG</b>	<b>TIRSDAG</b>	<b>ONSDAG</b>
17.00-17.30	[Black]	[Black]	[Black]
17.30-18.00			
18.00-18.30	[Black]	[Black]	[Black]
18.30-19.00			
19.00-19.30			
19.30-20.00			
20.00-20.30			
20.30-21.00	[Black]	[Black]	[Black]

**Ridabu**

	<b>MANDAG</b>	<b>TIRSDAG</b>	<b>ONSDAG</b>
17.00-17.30	[Black]	[Black]	G2009/2010
17.30-18.00			
18.00-18.30		G2006	G2012
18.30-19.00			
19.00-19.30		G2006	[Black]
19.30-20.00			
20.00-20.30		[Black]	[Black]
20.30-21.00			

**Skattlundhallen**

	<b>MANDAG</b>	<b>TIRSDAG</b>	<b>ONSDAG</b>
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17.00-17.30	<b>G2006</b>	<b>J2005</b>	<b>J2008</b>
17.30-18.00			
18.00-18.30		<b>G2005</b>	
18.30-19.00			
19.00-19.30	<b>J2004</b>		
19.30-20.00			
20.00-20.30			<b>J2004</b>
20.30-21.00			<b>G16</b>
21.00-21:30			

<b>TORSDAG</b>
J2011
G2005

<b>TORSDAG</b>

<b>TORSDAG</b>

<b>TORSDAG</b>
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<b>G2009/10</b>
<b>G2008</b>
<b>J2006/07</b>
<b>J2005</b>